

Pennsylvania Psychostimulant Symposium | Virtual Event

DAY 1 | DECEMBER 1, 2021

8:15 – 8:30 AM | General Announcements & Welcome

Kim Coleman, Chief of Staff, PA Department of Drug and Alcohol Programs

8:30-8:30 AM | Welcome

Governor Tom Wolf. Commonwealth of Pennsylvania

8:35-8:50 AM | Opening Remarks

Attorney General Josh Shapiro, Commonwealth of Pennsylvania

8:50-9:00 AM | Opening Remarks

Jeremiah A. Daley, Executive Director, Liberty Mid-Atlantic HIDTA

9:00-9:15 AM | Plenary Session | Making a Difference: There's No Better Time Than Now

Jennifer Smith, Secretary, PA Department of Drug and Alcohol Programs

9:15 – 9:45 AM | Plenary Session | Treating Stimulant Use Disorder During an Opioid Crisis

Dr. Michael Lynch, Medical Director, Pittsburgh Poison Center

Pre-Session: How familiar are you with stimulant misuse? (Very, Somewhat, Not at all)

Post-Session: Was this session successful in teaching you new information about stimulant misuses?
(Very, Somewhat, Not at all)

Session Description: As the country continues to face an opioid crisis, it can't lose sight of the rise in stimulant misuse. Dr. Michael Lynch will touch on the differences of treating individuals with a stimulant use disorder versus an opioid use disorder (OUD). Specifically, as it relates to treating OUD with naloxone and the fact that there is no "antidote" to address stimulant toxicity. He will also provide information for general prehospital and hospital-based treatment approaches to patients with stimulant toxicity, as well as the mechanisms (in layman's terms) of the various types of stimulant products. After this session, you will understand that there IS a difference when treating individuals suffering from the disease of addiction with stimulant as the primary drug of choice.

9:45 – 10:00 AM | Plenary Session | Good Samaritan Law

Kate Boulton, Senior Legal Technical Advisor Overdose Prevention Programs, Vital Strategies

Session Description: Most states have enacted "Good Samaritan" laws that offer immunities or other legal protections to someone who calls for help in the event of an overdose. This talk will explore Pennsylvania's Good Samaritan law, including some of its limitations, implementation on the ground, and other factors that may impact its effectiveness. As you may already be aware, most states have enacted "Good Samaritan" laws that offer immunities or other legal protections to someone who calls for help in the event of an overdose. Ms. Boulton will explore Pennsylvania's Good Samaritan law, including some of its limitations, implementation on the ground, and other factors that may impact its effectiveness. As you may already be aware, most states have enacted "Good Samaritan" laws that offer immunities or other legal protections to someone who calls for help in the event of an overdose. Ms. Boulton will explore Pennsylvania's Good Samaritan law, including some of its limitations, implementation on the ground, and other factors that may impact its effectiveness.

10:00 – 10:45 AM | Plenary Session | Forensic Analyses and Approaches to Novel Drug Detection

Dr. Barry Logan, Senior Vice President, Forensic Science Initiatives, Chief Scientist, NIMS Labs

Session Description: Psychostimulants drugs have long been one of the primary categories of recreational drug use. Traditionally, drug users limited their use to a single substance and the markets were dominated by cocaine and methamphetamine, with significant regional differences in availability and use. Over the last five years, drug markets have changed and patterns of use along with them. There are several factors that make psychostimulant use more dangerous today, including a wider range of available more potent substances, inclusion of multiple substances in counterfeit pills, and increasing evidence of combined use of psychostimulants with opioids and benzodiazepines. The presentation will review what some of these new substances are, the rates of combined opioid and psychostimulant use and the risks to human health associated with these practices. Data from postmortem testing, seized drug, and nascent drug checking programs will be presented, along with details of the latest emerging drugs in this class.

10:45-11:00 AM | Break

BREAKOUT SESSION 1 | 11:00 AM – 12:00 PM

Track 1 | Treatment | Versatility of SBIRT Implementation Across Multiple Healthcare Settings

- Grace Drnach Bonaventura, Program Coordinator, Program Evaluation and Research Unit, University of Pittsburgh
- Megan Fanella, Intensive Case Manager and Resource Coordinator, Blair Drug and Alcohol Partnership.
- George Downs, PharmD, FCPP, Linwood F. Tice Professor of Pharmacy, Dean Emeritus, Philadelphia College of Pharmacy, University of the Sciences
- Donna George, MS, Alcohol and Other Drugs (AOD) Coalition Coordinator, Pennsylvania State System of Higher Education
- Christina Dignan, Physician Assistant and APP Supervisor, UPMC Altoona Family Physicians

Session Description: Screening, Brief Intervention, and Referral to Treatment (SBIRT) is an evidence-based public health approach to identify persons at risk for substance use disorders and provide early intervention and treatment services through universal screening. While the core components of SBIRT are constant, versatile implementation models can be developed to support individual workflows across healthcare disciplines and settings. The University of Pittsburgh Program Evaluation and Research Unit (PERU) and partnering healthcare sites that have implemented SBIRT in primary care, pharmacies, and University health centers, will discuss first-hand experiences in the flexibility of SBIRT in their workflow, reactions from staff and patient population, overcoming barriers to achieve success, and SBIRT outcomes.

Track 2 | Law Enforcement | Breaking the Cycle

- Janene Holter, PhD, Strategic Initiatives Operator, PA Office of Attorney General Bureau of Narcotics Investigation and Drug Control Statewide Drug Initiatives: Law Enforcement Treatment Initiative
- Catherine Kilgore, CJAB Administrator, Dauphin County District Attorney's Office
- Jack Stollsteimer, District Attorney, Delaware County
- Jamie Goldstein, Administrative Assistant, Office of Lt. Governor, PA Board of Pardons

Session Description: Learn about PA's LETI, Law Enforcement Treatment Initiative, and find out how the Attorney General's Office works with local District Attorney Offices to develop a county wide policy to support their population and needs. The AG's office writes the policy as well as works with all Single County Authorities to make the connect to treatment as easy as possible for law enforcement. Hear directly from counties that participate in LETI and find out how this is a true diversion for non-violent individuals who come in contact with the criminal justice system on account of drug dependency can get the help they so desperately need.

Track 3 | Surveillance Data | The More We Know, The More We Can Affect Change- Overdose Fatality Review Teams

- Sam Smith, MPH, Public Health Program Manager, City of York Bureau of Health
- Neda Soltani, OUD Coordinator/Office of Public Health/Office of Drug and Alcohol, Montgomery County
- Dave Synnamon, Manager, Injury Prevention, Allentown Health Bureau, City of Allentown

Session Description: Overdose Fatality Review Teams are utilizing data about overdose deaths such as family dynamics, criminal activity, and other personal history without violating State and Federal personal identifying information regulations. This data is collected at the county level and analyzed to reduce the rate of overdose deaths, educate us on systemic changes that are needed and ultimately to better serve Pennsylvanians. Find out what data trends have already been identified. For those of you that are interested in creating an Overdose Fatality Review Team in your county, you won't want to miss hearing from these experts. (Mention Rep. Schlossberg bill authorizing OFRs?)

Track 4 | Strategies and Solutions | Empowering Sustained Recovery

- Derrick Pelletier, Director of Intergovernmental Affairs, Department of Drug and Alcohol Programs, Commonwealth of Pennsylvania
- William Stauffer, LSW CCS CADC, Executive Director, The Pennsylvania Recovery Organizations – Alliance
- Joi Honer, Senior Director of Alumni and Communication Engagement, Retreat Behavioral Health

Session Description: The vision of all Pennsylvanians living free, or in recovery, from addiction can't be realized without the recovery and recovery-oriented services of care. While the overdose epidemic has unfortunately claimed the lives of thousands of Pennsylvanians, we recognize the incredible potential for healthy, fulfilling, and sustained recovery for individuals on the other side of this disease. Learn about these programs and how they are teaching individuals who suffer from the disease of addiction to live full and happy lives.

BREAK FOR LUNCH 12:00 – 1:00 PM

1:00-2:00 PM | Plenary | Recovery Works!

Dr. Haner Hernandez, Director, Hernandez Consulting

Session Description: This presentation will explore the development of disparities related to SUDs and Mental Health in the US and their impacts on racialized communities. Utilizing a social justice framework the participants will learn about building health equity and community engagement. Participants will also learn about approaches and strategies grounded in cultural humility and cultural intelligence.

2:00-2:15 PM BREAK

BREAKOUT SESSION 2 | 2:15-3:15 PM

Track 1 | Treatment | Evidence-Based Practices for Stimulant Use Disorder

- Dr. Robert Sterling, Director, Center on Community Substance Abuse Programs (C-SAP), Department of Psychiatry and Human Behavior, Thomas Jefferson University
- Meghan Morley, Clinical Operations Manager, Divisions of Substance Abuse Programs, Department of Psychiatry, Thomas Jefferson University

Session Description: Thomas Jefferson University NARP Program will present on Contingency Management within an Intensive Outpatient Program as an Evidence Based Practice for Stimulant Use Disorder. They will also provide information about this intervention within the context of an OTP. With the rise of psychostimulant use and the reorganization of the Philadelphia substance use disorder treatment system due to the transition to ASAM, the importance of using evidence-based practices for the treatment of stimulant use disorder is of extreme importance. Contingency Management has been studied at Jefferson NARP Dr. Sterling himself is being proposed for use in the new IOP that is being developed in Philadelphia. Dr. Sterling is a psychologist and the Director of the Division of Substance Abuse Programs at Jefferson.

Track 2 | Law Enforcement | Drug Checking: It's Not Just For People Who Use Opioids

- Jennifer J. Carroll, Assistant Professor of Anthropology, North Carolina State University; Adjunct Assistant Professor of Medicine at Brown University
- Traci C. Green, Professor and Director, Opioid Policy Research Collaborative, Heller School for Social Policy and Management, Brandeis University; Adjunct Associate Professor, Brown University

Session Description: This session will provide insight into the use of fentanyl test strips (FTS) as a tool to prevent overdose and facilitate linkages to care including for people who use stimulants. Learn how other states are making legal considerations and changes to current laws. Most importantly find out how to manage risks in the Fentanyl Era.

Track 3 | Surveillance Data | Stimulant Prescription Trends and Stimulant-Naïve Prescription Trends in Pennsylvania

Sonam Delvadia, Epidemiology Research Associate, Office of Drug Surveillance and Misuse Prevention, Pennsylvania Department of Health
Jeanette Trella

Session Description: This presentation will examine recent overall stimulant prescription trends in Pennsylvania, as well as trends by key demographic groups. Additionally, this presentation will explore temporal changes in prescribing trends to stimulant-naïve Pennsylvania residents, and how these trends also differ by key demographic groups.

Track 4 | Strategies and Solutions | Making a Difference in the Life of Children

- Hannah Evans, Founder, Curious Kiddos Educational Resources, Inc.
- Michael Hunt, Intelligence Manager, Liberty Mid-Atlantic High Intensity Drug Trafficking Areas Program

Session Description: Anyone can make a difference in a child's life. It may be a close family member or a trusted adult. During this session, you will hear why it is so important to take time to focus on the well-being of children who experience the trauma of having a loved one suffer from the disease of addiction directly from people who care about them.

3:15-3:30 PM BREAK

PLENARY & CLOSING REMARKS

3:30 – 4:00 PM | Plenary | “Be the Change You Wish to See in the World” -Ghandi

Gary Mendel, Founder and CEO, Shatterproof

Session Description: There has never been a more fitting quote to describe someone. Gary Mendel turned the loss of his son and the struggles that his family felt into a lifelong mission. His national nonprofit organization, Shatterproof, focuses on education, accessing treatment and reducing the stigma surrounding this disease. His journey may just change yours.

4:00-4:15 PM | Closing Remarks

Kim Coleman

DAY 2 | DECEMBER 2, 2021

MORNING PLENARIES & KEYNOTE

8:00 – 8:15 AM | Welcome & Opening Remarks

Kim Coleman

8:15-9:00 AM | Plenary Session | Stimulant and Other Emerging Drug Threats Through COVID-19: Urban and Rural

John Eadie, Public Health and PDMP Project Coordinator, National Emerging Threats Initiative, A National HIDTA Initiative

Session Description: Has the COVID-19 Pandemic had an impact on stimulant drugs? How is Fentanyl abuse and misuse changing? Do rural counties have the same substance use disorder problems as the urban counties? Can we identify emerging drug threats in rural counties? The National Emerging Threats Initiative's (NETI) brings you up to date on the major surge in stimulant drug abuse and these issues.

9:00 – 9:15 AM BREAK

BREAKOUT SESSION 1 | 9:15 – 10:15 AM

Track 1 | Treatment | Evidence-Based Practices for Stimulant Use Disorder

Dr. Martha Thompson, Founder and Lead Clinician, Empower the Mind, LLC

Session Description: Community Reinforcement Approach and Contingency Management: Community Reinforcement Approach (CRA)– What is it? How does CRA work? And how does it work with a Contingency Management (CM) program? As we are all adjusting to the impacts of Covid-19 where community relationships and resources have changed dramatically it can almost be hard to think of all the positive community resources, outlets and supports. So how do we utilize CRA and CM when many of our neighborhoods are struggling for resources, positive outlets, positive supports etc. We have a lot of good grassroots recovery movements in Pennsylvania that are doing their part to create community engagement, positive outlooks and positive activities that are driven by folks in recovery and or their families even during this trying time while overdose rates increase. Join us to learn about these evidence-based programs, how to implement them and improve client engagement. Objectives: Participants will understand the core components of Community Reinforcement Approach and Contingency Management Participants will identify ways to implement CRA and CM to improve client engagement.

Track 2 | Law Enforcement | Phoenix Training Addiction and Connection to Treatment (ACT) initiative

Steve Forzato, Director of the Center for Addiction and Recovery Education, St. Joseph's University

Session Description: Phoenix Training is a program of the Center for Addiction and Recovery Education (CARE) at Saint Joseph's University. Its Addiction and Connection to Treatment (ACT) initiative trains first responders and related professionals on: Understanding addiction as a chronic disease while removing stigma and encouraging hope; The principles of trauma informed practice and how they influence first responder interactions; and Positive, influential engagement techniques to utilize during interventions to connect people to treatment.

Track 3 | Surveillance Data | Overdose and Naloxone Tracking in the Commonwealth of Pennsylvania

- Allison Burrell, ODMAP Program Manager, Washington Baltimore HIDTA
- Marquis Johnson, Program Coordinator, Overdose Detection Mapping Application Program (ODMAP), Washington Baltimore HIDTA
- Tyler Bobitz, Intelligence Analyst 2, Pennsylvania State Police
- Heather Bushey, Intelligence Analyst 2, Pennsylvania State Police

Session Description: A statewide criminal justice application that tracks overdoses, naloxone administration, and identifiable drug markings. The system is accessed through the JNET (Justice Network) portal. The system provides real-time information and intelligence on drug markings and those trafficking narcotics. The Overdose Information Network (ODIN) enables the sharing of overdose and naloxone administration information with state and local policy and decision makers in treatment, prevention, education, and law enforcement to assist in creating effective treatment and prevention strategies.

Track 4 | Strategies and Solutions | Ethics- Panel Discussion

- Sarah Kawasaki, M.D., Director, Addiction Services, Pennsylvania Psychiatric Institute and Assistant Professor, Psychiatry and Internal Medicine, Penn State Health
- Katie Dzurec
- Katie Merritt, Policy Director, Pennsylvania Insurance Department
- August Holtyn, Ph.D., Assistant Professor of Psychiatry and Behavioral Sciences, Johns Hopkins University of Medicine

Session Description: An ethical approach to managing substance use disorder (SUD) involves patient education, advocacy for special populations, and protection of patient autonomy. In this panel, learn about SUD ethics in special populations, ethical approaches to medication management for individuals with a co-occurring Attention Deficient/Hyperactivity Disorder (ADHD) diagnosis and substance use, as well as ethics in the practice of contingency management, and what patients and their loved ones need to know about SUD and mental health parity laws.

10:15 – 10:30 AM BREAK

BREAKOUT SESSION 2 | 10:30 – 11:30 AM

Track 1 | Treatment | Treating Methamphetamine Use Across the Continuum of Care

- Justin Wolford, LSW, Community Care
- Stephanie Wudarski, LCSW, Community Care
- Rebekah Sedlock, LCSW, Project Director, Substance Use Disorder Services and Recovery, Community Care Behavioral Health Organization

Session Description: This session will focus on engagement and retention in treatment of individuals who are using methamphetamine. Strategies to plan for disengagement will also be reviewed for those individuals who struggle to remain engaged in treatment. In addition, we will discuss co-occurring medical and behavioral health conditions with methamphetamine disorder, and the use of MAT for AUD or OUD concurrent with methamphetamine use.

Track 2 | Law Enforcement | Community Solutions to Support Traumatized Youth

- Monica Georges, PCCD Project Coordinator, United Way of Greater Lehigh Valley
- Beth Tomlinson, Sr. Director of Education, United Way of Greater Lehigh Valley

Session Description: It is easy for anyone to overlook the smallest victims of substance use disorder. Learn how law enforcement, educational institutions and other organizations are helping young children cope when their loved ones suffer from the disease of addiction.

Track 3 | Surveillance Data | Follow the Yellow Brick Road of Data Trends- It May Lead to the Emerald City

- Dr. Utsha Khatri, Assistant Professor of Emergency Medicine; Assistant Professor of Population Health Science and Policy, Icahn School of Medicine at Mount Siani
- Dr. Jeanine Buchanich, Associate Dean for Research, Graduate School of Public Health, University of Pittsburgh

Session Description: What are the relationships between occupation and stimulant overdose death? This talk will explore patterns and trends in demographics and occupation for stimulant overdose deaths.

Track 4 | Strategies and Solutions | Life Unites Us: Preliminary Outcomes and Future Directions for Addressing Stigma

- Weston Kensinger, Director, Douglas W. Pollock Center for Addiction Outreach and Research
Associate Teaching Professor of Health Education Penn State Harrisburg School of Behavioral Sciences and Education, Penn State Harrisburg
- Kaitlyn Krizanac, MsC, Senior Account Manager, The Public Good Projects

Session Description: Life Unites Us is an evidence-based, multi-pronged, collaborative project that directly addresses OUD stigma throughout Pennsylvania. Six months after the commencement of the digital campaign, survey results indicated that the majority of respondents exposed to the campaign believed that the campaign provided them with more information, made them more aware of stigma against opioid use, and helped prepare them to talk with others about stigma against OUD. Those who viewed the campaign had more favorable attitudes regarding treatment and treatment effectiveness than those who did not view the campaign. As the project moves forward, additional elements will be incorporated into messaging and resources to reflect changes in current drug trends to further address stigma associated with stimulant and poly-substance use.

BREAK FOR LUNCH 11:30 AM-12:30 PM

12:30-12:45 PM | Plenary | Data: Learn from the Past, Take Care of the Present, and Make Strides for the Future

Carrie Ann Thomas Goetz, PhD, Senior Epidemiologist, Prescription Drug Monitoring Program, PA
Department of Health

Session Description: To adequately treat substance use disorder, specifically as it relates to stimulant use, we need to look at multiple data tracts. This presentation will offer an inside look at non-fatal and fatal overdose surveillance data pre and post pandemic collected by the Department of Health's Office of Drug Surveillance and Misuse Prevention. What we do from here is up to us.

12:45-1:15 PM | Plenary | Addressing the Addiction Epidemic with Science and Evidence-based Practice

Tom R. Hill Jr., Senior Policy Advisor, Office of National Drug Control Policy

Session Description: This talk will highlight the Biden-Harris Administration's first-year drug policy priorities that are largely focused on addressing the overdose death epidemic. Further discussion will focus on federal strategies to address the current landscape of methamphetamine supply and use.

1:15-1:45 PM | Plenary | Answers to the Five W's of D&A Treatment: Who? What? Where? When? And Why?

Angad Buttar, Director of State Engagement

Session Description: PA is adding another treatment tool to our toolbox. Coming in April 2022, ATLAS, an Addiction Treatment Locator Assessment, and Standards Platform will be a search engine for Pennsylvanians suffering from substance use disorder and their loved ones. This free public website will provide transparent, evidence-based data from treatment facilities and patient feedback alike, so individuals can find the best treatment for them. ATLAS is one of many steps we are taking to build an infrastructure for quality improvement in addiction treatment.

1:45-2:45 PM | Plenary | A Hard Road to Success

Retired Sgt. Kevin Simmers, Founder, Brooke's House

Session Description: In 2019 Sgt. Kevin Simmers shared with us his heartbreaking story of the loss of his beloved daughter, Brooke. Kevin also told us how he kept a promise to Brooke to establish a safe home for other women to help them overcome addiction and avoid the same type of pain Brooke often experienced. This year we are going to hear about all the innovative ways Brooke's House is not only helping women through their journey of recovery but also preparing them for a happy productive life once they leave Brooke's House. This story could only be told by the women who live it and the man who helped them find hope.

2:45-3:00 PM | Final Thoughts

Jennifer Smith, Secretary, PA Department of Drug and Alcohol Programs

3:00-3:15 PM | Closing Remarks/ Adjournment

Kim Coleman, Chief of Staff